

AKHBAR : BERITA HARIAN
MUKA SURAT : 9
RUANGAN : NASIONAL

Penyakit Kawasaki boleh rugut nyawa

Risiko kematian dalam kalangan kanak-kanak jika tak dirawat segera

Kuala Lumpur: Penyakit Kawasaki atau turut dikenali sebagai Sindrom Kawasaki walaupun jarang berlaku, ia berisiko menyebabkan kematian dalam kalangan kanak-kanak yang dijangkiti sekiranya tidak diberikan rawatan sesuai dengan segera.

Pakar Perunding Kanan Pediatrik yang juga Pakar Perunding Imunologi Klinikal dan Alergi di Hospital Pengajar Universiti Putra Malaysia (UPM), Prof Madya Dr Intan Hakimah Ismail, berkata penyakit itu yang membabitkan keradangan pada pembuluh darah cenderung menyerang kanak-kanak berumur bawah lima tahun.

"Komplikasi penyakit Kawasaki paling membimbangkan adalah keradangan arteri koronari yang boleh menyebabkan masalah jantung seterusnya berisiko menyebabkan kematian sekiranya tidak mendapat rawatan sewajarnya," katanya.

Dr Intan Hakimah yang juga

Ketua Unit Imunologi Klinikal, Jabatan Pediatrik, Fakulti Perubatan dan Sains Kesihatan UPM, berkata penyakit Kawasaki sukar didiagnosis kerana ia mempunyai gejala sama dengan penyakit lain termasuk demam.

Bagaimanapun, ibu bapa boleh mengambil langkah awal dengan membawa anak mereka berjumpa doktor sekiranya mempunyai gejala seperti demam melebihi lima hari; ruam pada bahagian badan; Bengkak kelengket leher; lidah merah, bengkak, berbiji-biji yang dipanggil 'lidah strawberi' dan mata merah tetapi berair atau mempunyai tahi mata.

"Jika anak-anak ada gejala ini, segera bawa berjumpa doktor sebaik-baiknya pakar kanak-kanak kerana mereka lebih mahir dan boleh mengetahui ia gejala Kawasaki atau tidak," katanya.

Kelmarin, Kementerian Kesihatan memuat naik infografik berhubung penyakit Kawasaki dan menasihatkan ibu bapa mendapatkan rawatan segera sekiranya anak mereka mempunyai gejala bagi mengurangkan risiko komplikasi jantung.



Dr Intan Hakimah Ismail

Mengenai cara rawatan, Dr Intan Hakimah berkata kanak-kanak yang disahkan dijangkiti Kawasaki kebanyakannya pulih dalam tempoh beberapa hari, namun sesetengah kes serius pesakit perlu dirawat di hospital bagi membolehkan 'antibodi imunoglobulin' secara infusi intravena (IV) diberikan kepada mereka.

Beliau berkata, sehingga kini belum dapat dikenal pasti punca sebenar jangkitan Kawasaki yang dikecaskan pakar pediatrik Jepun, Dr Tomisaku Kawasaki buat kali pertama pada 1967.

Sehubungan itu, beliau menasihati ibu bapa sentiasa mengambil langkah berjaga-jaga jika anak-anak mereka demam dan tidak menganggapnya sebagai kebiasaan seperti kanak-kanak itu sedang membesar.

Sementara itu, Perunding Kanan Pediatrik, Datuk Dr Amar Singh HSS, berkata Kawasaki bukan virus dan kanak-kanak di Asia lebih terdedah kepada penyakit itu.

Mengenai langkah pencegahan, Dr Amar yang juga penasihat Majlis Kebangsaan Intervensi Awal Kanak-kanak (NECIC) menasihatkan ibu bapa

Info penyakit Kawasaki

- Turut dikenali sebagai Sindrom Kawasaki.
- Babitkan keradangan pada pembuluh darah.
- Cenderung menyerang kanak-kanak berumur bawah lima tahun.
- Rawatan yang baik, gunakan immunoglobulin dan aspirin.

• Gejala seperti demam melebihi lima hari; ruam pada bahagian badan; bengkak kelengket leher; lidah merah, bengkak, berbiji-biji yang dipanggil 'lidah strawberi' dan mata merah tetapi tidak berair atau mempunyai tahi mata.

mendapatkan rawatan sekiranya mengesyaki anak mereka mempunyai semua gejala berkenaan.

"Tidak diketahui punca penyakit tetapi terdapat rawatan yang baik untuk penyakit Kawasaki iaitu menggunakan immunoglobulin dan aspirin. Bagaimanapun, petunjuk terbaik ialah demam berpanjangan tidak memberi tindak balas kepada rawatan biasa," katanya. BERNAMA

Guna katil lebih 50 peratus

Putrajaya: Negeri Sembilan menjadi negeri terbaru mencatatkan penggunaan katil bukan di wad Unit Rawatan Rapi (ICU) pada kadar atau melebihi 50 peratus kelmarin.

Ketua Pengarah Kesihatan, Tan Sri Dr Noor Hisham Abdulrahman, berkata ia menjadikan dua negeri mencatatkan penggunaan katil bukan ICU melebihi 50 peratus, termasuk Wilayah Persekutuan Putrajaya yang berada pada paras 51 peratus.

"Penggunaan katil bukan di wad ICU di Negeri Sembilan adalah 50 peratus. Penggunaan katil bagi kes kritis atau di ICU, tiada negeri mencatatkan kadar melebihi 50 peratus, begitu juga di Pusat Kuaran dan Rawatan COVID-19 (PKRC)," katanya.

AKHBAR : HARIAN METRO

MUKA SURAT : 6

RUANGAN : COVID-19

15,980,555 terima dos penggalak

Kuala Lumpur: Sebanyak 1,420,019 kanak-kanak berusia antara lima dan 11 tahun atau 39.9 peratus daripada populasi itu menerima sekurang-kurangnya satu dos vaksin Covid-19 menerusi Program Imunisasi Covid-19 Kebangsaan (PICKids), setakat kelmarin.

Berdasarkan laman web Covidnow, sebanyak 452,633 kanak-kanak dalam kumpulan sama atau 12.7 peratus, sudah lengkap divaksinasi.

Bagi remaja berusia antara 12 dan 17 tahun, sejumlah 2,875,587 individu atau 92.4 peratus sudah

lengkap divaksinasi, manakala 2,976,803 atau 95.7 peratus menerima sekurang-kurangnya satu dos vaksin.

Untuk populasi dewasa, sebanyak 15,980,555 individu atau 67.9 peratus menerima dos penggalak, manakala 22,961,507 atau 97.6 peratus sudah melengkapkan dos kedua, selain 23,238,533 atau 98.8 peratus menerima sekurang-kurangnya satu dos vaksin.

Kelmarin sebanyak 55,642 dos vaksin diberikan, membabitkan 40,397 dos kedua, 6,247 dos penggalak dan 8,998 dos pertama, menjá-

dikan jumlah kumulatif dos vaksin yang diberikan di bawah Program Imunisasi Covid-19 Kebangsaan (Pick) sebanyak 69,692,713.

Sementara itu, menurut portal GitHub Kementerian Kesihatan, 16 kematian akibat Covid-19 dilaporan kelmarin, dengan Selangor mencatat jumlah tertinggi iaitu lima kes diikuti Johor dengan tiga kes.

Kedah, Pulau Pinang dan Terengganu masing-masing merekodkan dua kes, manakala Perak serta Sarawak masing-masing mencatatkan satu kes.
- Bernama

Kes positif ada sedikit peningkatan

Kuala Lumpur: Jumlah kes baru Covid-19 meningkat sedikit kepada 7,140 kes kelmarin berbanding 6,623 kes yang direkodkan Ahad lalu.

Ketua Pengarah Kesihatan Tan Sri Dr Noor Hisham Abdullah berkata, perkembangan itu menjadikan angka kumulatif jangkitan di negara ini mencecah 4,396,165 kes setakat ini.

Namun, katanya, kes sembuh kelmarin mengatasi kes baru dengan 14,423 kes direkodkan.

"Secara keseluruhannya sebanyak 264 kes import direkodkan daripada kes baharu itu dengan bakiinya

6,876 adalah penularan tempatan.

"Sebanyak 110 kes (57 kes ditahkan Covid-19, 53 kes disyaki, kemungkinan dan kes dalam siasatan) adalah kes memerlukan rawatan di unit rawatan rapi (ICU).

"Selain itu, kes memerlukan bantuan pernafasan pula membabitkan 68 kes (37 kes disahkan Covid-19, 31 kes disyaki, kemungkinan dan kes dalam siasatan," katanya.

Menurut beliau, sebanyak 308 kes dimasukkan ke hospital membabitkan 171 kes dari kategori tiga hingga lima serta 137 kes lagi ka-

tegori satu dan dua.

"Tiada negeri menunjukkan peratusan pengisian katil kes kritikal atau unit rawatan rapi (ICU) atau katil PKRC lebih 50 peratus.

"Bagi katil bukan ICU, dua negeri iaitu Putrajaya dan Negeri Sembilan masing-masing merekodkan peratusan katil bukan ICU lebih dari pada 50 peratus 51 peratus dan 50 peratus," katanya.

Dr Noor Hisham berkata, pesakit Covid-19 yang memerlukan alat bantuan pernafasan (ventilator) menujun kepada 68 pesakit dengan peratusan adalah sembilan peratus.

AKHBAR : KOSMO

MUKA SURAT : 5

RUANGAN : NEGARA



ORANG ramai sibuk membuat persiapan perayaan Aidilfitri yang bakal disambut kira-kira dua minggu lagi. — GAMBAR HIASAN

7,140 kes baharu, 16 kematian dicatat

PUTRAJAYA — Jangkitan Covid-19 kelmarin kekal di bawah angka 10,000 dengan 7,140 kes dilaporkan, menjadikan jumlah keseluruhan kes di Malaysia sebanyak 4,396,165.

Berdasarkan data pada laman web COVIDNOW, daripada kes yang dilaporkan kelmarin, sebanyak 264 kes adalah kes import yang mendapat jangkitan dari luar negara.

"Kesemua kes tersebut dilaporkan di Selangor (5,020 kes), Kuala Lumpur (415 kes), Negeri Sembilan (290 kes), Perak (287 kes), Terengganu (239 kes), Johor (214 kes), Pulau Pinang (166 kes) dan Kedah (133 kes).

Seterusnya, Melaka (94 kes), Sarawak (92 kes), Pahang (64 kes), Sabah (58 kes), Kelan-

tan (40 kes), Putrajaya (11 kes), Perlis (10 kes) dan Labuan (tujuh kes)," menurut maklumat tersebut semalam.

Dalam masa sama, sebanyak 16 kes kematian Covid-19 dilaporkan menjadikan jumlah kematian terkini sebanyak 35,437 kes serta sebanyak empat kes meninggal dunia di luar hospital atau *brought-in-dead* (BID) dengan jumlah keseluruhan BID sebanyak 7,496.

Sebanyak 96,601 kes aktif dilaporkan melibatkan 93,901 kes dikuarantin di rumah, 282 kes di Pusat Kuarantin dan Rawatan Covid-19 (PKRC), 2,308 kes di hospital, 42 kes di Unit Rawatan Rapi (ICU) tanpa bantuan pernafasan dan 68 kes di ICU dengan bantuan pernafasan.

AKHBAR : SINAR HARIAN

MUKA SURAT : 6

RUANGAN : NASIONAL

Jangan pandang remeh penyakit Kawasaki

Radang pada pembuluh darah cenderung serang kanak-kanak berumur bawah lima tahun

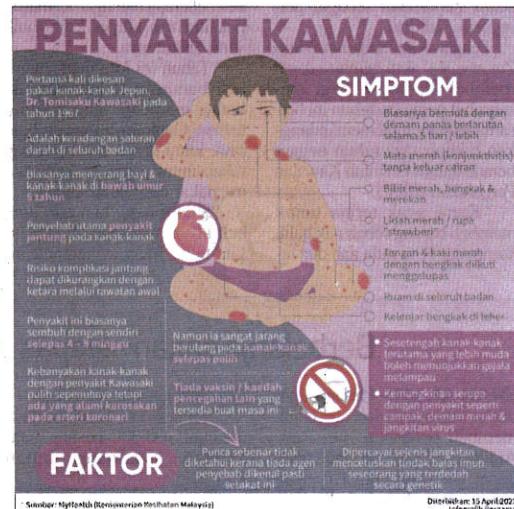
KUALA LUMPUR

Penyakit Kawasaki atau turut dikenali sebagai Sindrom Kawasaki walaupun jarang berlaku, ia berisiko menyebabkan kematian dalam kalangan kanak-kanak yang dijangkiti sekiranya tidak diberikan rawatan sesuai dengan segera.

Pakar Perunding Kanan Pediatric yang juga Pakar Perunding Imunologi Klinikal dan Alergi di Hospital Pengajar Universiti Putra Malaysia (UPM), Prof Madya Dr Intan Hakimah Ismail berkata penyakit itu yang melibatkan keradangan pada pembuluh darah cenderung menyerang kanak-kanak berumur bawah lima tahun.

"Komplikasi penyakit Kawasaki paling membimbangkan adalah keradangan arteri koronari yang boleh menyebabkan masalah jantung seterusnya berisiko menyebabkan kematian sekiranya tidak mendapat rawatan sewajarnya," katanya kepada Bernama baru-baru ini.

Menurut Dr Intan Hakimah yang juga Ketua Unit Imunologi Klinikal, Jabatan Pediatric, Fakulti Perubatan dan Sains Kesihatan, UPM, penyakit Kawasaki sukar untuk didiagnosis



kerana ia mempunyai gejala serupa dengan penyakit lain termasuk demam.

Namun, ibu bapa boleh mengambil langkah awal dengan membawa anak mereka berjumpa doktor sekiranya mempunyai gejala seperti demam melebihi lima hari; ruam pada bahagian badan; bengkak kelenjar leher; lidah merah, bengkak, berbiji-biji yang dipanggil "lidah strawberry" dan mata merah tetapi tidak berair atau mempunyai tahi mata.

"Jika anak-anak ada gejala ini, segeralah bawa berjumpa dengan doktor sebaik-baiknya pakar kanak-kanak kerana mereka lebih mahir dan boleh mengetahui ia gejala

Kawasaki atau tidak," katanya.

Pada Isnin, Kementerian Kesihatan memuat naik infografik berhubung penyakit Kawasaki dan menasihatkan ibu bapa agar mendapatkan rawatan segera sekiranya anak mereka mempunyai gejala bagi mengurangkan risiko komplikasi jantung.

Mengenai cara rawatan, Dr Intan Hakimah berkata kanak-kanak yang disahkan dijangkiti Kawasaki kebanyakannya pulih dalam tempoh beberapa hari, namun sesetengah kes serius pesakit perlu dirawat di hospital bagi membolehkan 'antibodi imunoglobulin' secara infusi intravena (IV) diberikan kepada mereka.

AKHBAR : NEW STRAITS TIMES
MUKA SURAT : 4
RUANGAN : NEWS/NATION

16 DEATHS

SLIGHT INCREASE IN NEW COVID-19 CASES

7,140 fresh infections and more hospital admissions reported on Monday

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NEW Covid-19 infection numbers rose slightly to 7,140 on Monday, said the Health Ministry.

Monday's toll was a 7.8 per cent increase from April 17's 6,623 registered cases.

Health director-general Tan Sri Dr Noor Hisham Abdullah said the cumulative number of coronavirus cases in the nation now stood at 4,396,127.

He said of the total, 99.39 per cent of the new cases were in Categories 1 and 2, and the remain-



People crossing the road at Jalan Tuanku Abdul Rahman in Kuala Lumpur yesterday. PIC BY AIZUDDIN SAAD

ing 0.61 per cent were in Categories 3, 4, and 5.

"Of the 43 Covid-19 cases in Categories 3, 4, and 5, 14 cases were either unvaccinated or received only one dose of the vaccine; 17 had received two doses but have not received their booster shot; and 12 have already re-

ceived their booster dose.

"Twenty-two cases are among those aged 60 and above, and 26 cases have comorbidities," he said in a statement yesterday.

There was also a slight increase in hospitalisations from 241 admissions on Sunday to 308 on Monday.

Dr Noor Hisham said 171, or 55.5 per cent, of the hospitalised patients were in Categories 3, 4, and 5; and 137, or 44.5 per cent, of cases were in Categories 1 and 2.

He also reported that all critical care beds or Intensive Care Unit (ICU) beds in the country were less than 50 per cent occupied.

However, non-ICU beds in two states, Putrajaya and Negri Sembilan, logged 51 per cent and 50 per cent usage respectively.

"No states reported more than 50 per cent bed occupancy in all Covid-19 quarantine and treatment centres nationwide.

"Covid-19 patients who require ventilators had gone down to 68 patients, with a ventilator usage of nine per cent," he added.

Sixteen people have died of Covid-19 on Monday, including six brought-in-dead cases, and 14,423 recoveries were recorded.

A total of 1,420,019 children aged five to 11, or 39.9 per cent of the child population in the country, have received at least one dose of Covid-19 vaccine under

the National Covid-19 Immunisation Programme for Children, up to Monday.

In a Bernama report quoting the CovidNow website, a total of 452,633 children, or 12.7 per cent of the group, have been fully vaccinated against Covid-19.

For adolescents aged 12 to 17, a total of 2,875,587 individuals, or 92.4 per cent, have been fully vaccinated, and 2,976,803, or 95.7 per cent, have received at least one dose of the vaccine.

For the adult population, a total of 15,980,555 individuals, or 67.9 per cent, have received booster dose, 22,961,507, or 97.6 per cent, have been fully vaccinated and 23,238,533, or 98.8 per cent, have received at least one dose of the vaccine.

On Monday, 55,642 doses of vaccine were administered, with 40,397 as second doses, 6,247 as booster doses and 8,998 as first doses, bringing the cumulative total doses of vaccine dispensed under the National Covid-19 Immunisation Programme to 69,692,713.

AKHBAR : THE STAR**MUKA SURAT : 5****RUANGAN : NATION**

Health DG: Recoveries continue to outpace new infections

PETALING JAYA: The number of recoveries from Covid-19 continues to outpace new infections, with no new cluster reported.

On Monday, the number of recoveries was reported at 14,423 while there were 7,140 new cases, said Health director-general Tan Sri Dr Noor Hisham Abdullah.

He said out of the new cases, 6,876 were local transmissions with 95.9% being Malaysians and 4.1% foreigners.

The number of cumulative cases now stood at 4,396,165.

Dr Noor Hisham said the number of Covid-19 patients requiring ventilator support had also decreased to 68 from 76 patients the day before.

"Of the total new cases, there were 14 cases in both Categories 3 and 4, and 15 cases in Category 5.

"Most of the cases were asymptomatic or with mild symptoms at Categories 1 and 2," he said in a statement yesterday.

Dr Noor Hisham said no state recorded usage of more than 50% for beds in the Intensive Care Unit (ICU) for Covid-19.

Only two states – Putrajaya (51%) and Negri Sembilan (50%) – reported non-ICU bed usage of over 50%.

No states also recorded more than 50% of bed usage at the Covid-19 Low Risk Quarantine and Treatment Centre, he added.

He said no new cluster was recorded although currently, there were 114 active Covid-19 clusters.

The national infectivity rate or Rt is below 1.0, at 0.88.

AKHBAR : THE SUN

MUKA SURAT : 4

RUANGAN : NEWS WITHOUT BORDERS

Comfort for cancer patient caregivers

► Rumah RM1 in Putrajaya available for family members who need place to stay while loved ones receive treatment at national institute

■ BY SURAYA ALI
newsdesk@thesundaily.com.my

PETALING JAYA: Having to cope with a life-threatening disease like cancer is bad enough. But just as bad is living with the knowledge that the patient's family members and caretakers are suffering as well.

Cancer treatment is extremely expensive. Some patients spend days, weeks or months in a hospital or need to commute to the National Cancer Institute (NCI) in Putrajaya for treatment.

This can be a burden, especially

for those who live far away or in another state. However, one individual has come forward to help those seeking treatment at NCI.

It started when a homeowner donated her apartment in Putrajaya to philanthropist Kuan Chee Heng, better known as Uncle Kentang. The apartment is known as Rumah RM1 and is now rented out to families and cancer patients in need of a home while they or their loved ones are getting treated at NCI.

"Since we first received the keys to the home about three years ago, it has been put to good use and many

people have come through its doors," Kuan told *theSun*.

He said he has volunteers who help to manage the home and schedule residents to live there temporarily.

"The unit has never been vacant since it opened, and rooms are occupied by different families. However, since the pandemic started, we only allow one family at a time. Despite this, we continue to welcome residents at a rental of just RM1 a day," he said.

A volunteer at Rumah RM1, who wished to be known only as Bibi Aishah, said the longest staying resident was a cancer patient who needed 31 cycles of radiotherapy.

"The patient needed therapy but was not warded at the hospital, so he had to stay with us for more than two months," she said.

Other residents include repeat

patients who require treatment, or family members who are mostly from out of state.

As for utility bills, Bibi Aishah said they were paid by Kuan and his Uncle Kentang team. She estimated the bills to be about RM400 during full occupancy.

"All rooms are air-conditioned. The house is also equipped with a refrigerator, a television and microwave oven," she said.

The Rumah RM1 transit home is a temporary abode that was specially set up for B40 patients and those from underprivileged families.

The home, located at Apartment Pudina, Precinct 17 in Putrajaya, has four bedrooms, two bathrooms, a kitchen, living room, dining hall, laundry room and a veranda.

The living room and each bedroom are equipped with air conditioners, a stand fan and a bed

as well as prayer and bath amenities.

All rooms can accommodate up to four people. Rooms one and two have queen-sized beds and two double-decker beds, while room three has two double-decker beds. Room four is reserved for storage.

For reservations, the public can contact Kuan at 012-273 2148 or Bibi Aishah at 019-777 9900. Kuan and his Uncle Kentang team are also calling on the public to donate to the home.

He urges businesses and corporations to contact his team at 018-268 3999 to get more details on other causes they are working on.

"We have RM1 hotels, RM1 ambulance, RM1 car rental and help with essential food items and education fees or equipment too, depending on the cases and our ability to afford it, so donations from corporations will be helpful," he said.

Kawasaki disease threat to children

KUALA LUMPUR: Kawasaki disease, or Kawasaki syndrome, although rare, can cause death among infected children if it is not given appropriate treatment immediately.

Universiti Putra Malaysia (UPM) Teaching Hospital senior consultant paediatrician and consultant clinical immunologist and allergist Assoc Prof Dr Intan Hakimah Ismail said the disease, that involves inflammation of blood vessels, tends to strike children below the age of five.

"The most worrying complication of Kawasaki disease is inflammation of the

coronary arteries, which can lead to heart problems and death if not treated properly," she said.

Intan Hakimah, who is also UPM head of clinical immunology unit, said parents can take the first step by taking their child to a doctor, preferably a paediatrician, if he shows symptoms such as fever for more than five days, rashes, swelling of glands, red and swollen tongue called "strawberry tongue", as well as red eyes.

On Monday, the Health Ministry posted an infographic on Kawasaki disease and advised

parents to seek immediate treatment if their child showed Kawasaki symptoms to reduce risk of heart complications.

Intan Hakimah said most of the children, who developed Kawasaki disease, recovered within a few days. However, in some serious cases, patients need to be given intravenous infusion to help reduce swelling and inflammation in the blood vessels.

Senior consultant paediatrician Datuk Dr Amar Singh said Kawasaki syndrome is not caused by virus and Asian young children were more prone to the disease. - Bernama

Covid-19 recovery cases surpass 14,000

KUALA LUMPUR: Covid-19 recovered cases exceeded the number of new infections for the 10th consecutive day when 14,423 recoveries were recorded on Monday.

Health Director-General Tan Sri Dr Noor Hisham Abdullah said 7,140 new cases were reported on Monday, bringing the cumulative number of positive cases to 4,396,165.

"Of the new cases, 3,639 (50.96%) were in category two; 3,458 (48.43%) in category one; 15 (0.21%) in category five while categories three and four recorded 14 cases (0.2%) each," he said.

Noor Hisham also said 308 patients were admitted to hospitals on Monday. They comprised 171 cases (55.5%) in categories three, four and five, while 137 (44.5%) in categories one and two.

He said no state recorded over 50% of bed occupancy at the intensive care unit and low-risk quarantine and treatment centres, adding that the number of patients requiring ventilators decreased to 68, with the ventilator usage rate at 9%.

Noor Hisham added the country's infectivity rate (Rt) stood at 0.88 with Selangor recording the highest Rt value at 0.91.

No new cluster was identified on Monday, while 114 clusters are still active. - Bernama

Over 15m adults receive booster shots

KUALA LUMPUR: A total of 1,420,019 children aged five to 11 or 39.9% have received at least one dose of Covid-19 vaccine under the National Covid-19 Immunisation Programme for Children as of Monday.

According to the CovidNOW website, a total of 452,633 children or 12.7% of the group have been fully vaccinated.

For adolescents aged 12 to 17, a total of 2,875,587 or 92.4% have been fully vaccinated, while 2,976,803 or 95.7% have received at least one dose of the vaccine.

As for adult population, a total of 15,980,555 or 67.9% have received a booster dose, while 22,961,507 or 97.6% have been fully vaccinated and 23,238,533 or 98.8% have received at least one dose.

On Monday, a total of 55,642 doses of vaccine were administered, with 40,397 as second doses, 6,247 booster doses and 8,998 first doses, bringing the cumulative total doses of vaccine dispensed under the immunisation programme to 69,692,713.

According to the Health Ministry's GitHub portal, 16 deaths due to Covid-19 were reported on Monday, with Selangor recording the highest number at five cases, followed by Johor with three cases. Kedah, Penang and Terengganu recorded two cases each, while Perak and Sarawak recorded one case each. - Bernama